

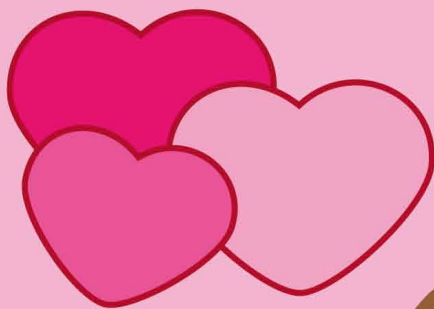
To My Valentine

Roses are red,

Violets are blue,

I've been tested for chlamydia,

And so should you.



xXx



Getting tested for Chlamydia is easy, **free** and totally confidential. Just contact **Team Chlamydia** to arrange a test and get advice. There is no need to be embarrassed - simple testing and quick treatment can be arranged.

www.gettested.nhs.uk

Tel: 01260 277477

Monday - Friday 9am - 4.30pm
(answer machine outside these hours)

Your local sexual health or GUM clinic can provide **FREE** confidential advice and supplies for contraception, emergency contraception, sexual health advice, smear tests and Chlamydia screening. For your nearest sexual health or GUM clinic **CLICK HERE**

Don't forget that you are more likely to take risks if you have been drinking alcohol.

Visit www.units.nhs.uk for more information about safe drinking.

www.nhs.uk/worhtalkingabout